



Inspiring
Leadership

Coaching and
Mentoring for
Success

GET STARTED



WHO WAS YOUR MENTOR?

- Think of someone who coached/mentored you
- What made them effective or impactful in your life?



COACHING VS MENTORING

- **Coaching** focuses on improving specific skills and achieving short-term goals.
- **Mentoring** involves a long-term relationship aimed at personal and professional growth through guidance and support.



COACHING VS MENTORING



COACHING = SKILL DEVELOPMENT (SHORT TERM)



MENTORING = RELATIONSHIP (LONG TERM)

Coaching

- Basketball video

DALE CARNEGIE RELATIONSHIP PRINCIPLES

- 1. Don't criticize, condemn, or complain.**
- 2. Give honest, sincere appreciation.**
- 3. Arouse in the other person an eager want.**
- 4. Become genuinely interested in other people.**
- 5. Smile.**
- 6. Remember that a person's name is to that person the sweetest and most important sound in any language.**
- 7. Be a good listener. Encourage others to talk about themselves.**
- 8. Talk in terms of the other person's interests.**
- 9. Make the other person feel important – and do it sincerely.**

MENTORSHIP COMMITMENT

- **Think of one person you are/could be mentoring**
- **Which principle could strengthen your relationship?**



So now...What is “inspiring leadership”?

- Humble leader video

IN SUMMARY:

- **A COACH ...**
is a person who makes you do what you don't want to do, so you can become who you want to become
- **A MENTOR...**
sees your talents and abilities before you do, and helps you develop them

IMPORTANT FINAL FACTS

45% of new leaders fail in the first 18 months

Our future depends on these people succeeding

Be that mentor you admired

